


INTERNATIONAL HOUSE MENU FOR THE WEEK OF:

November 2-8, 2009

International House Dining Services is proud to serve a variety of freshly prepared entrées on a daily basis. We offer a variety of delicious salads prepared fresh daily for our salad bar, a daily soup, pasta bar and frequently feature specialty items prepared by our chef. We also feature special ethnic dinners throughout the year. We hope you enjoy dining at International House.

BREAKFAST	LUNCH	DINNER	
Monday, November 2 <i>Today's Special:</i> Breakfast Frittata Chicken Jook, Scrambled Eggs, Smoked Bacon, Apple Crisp, Hard and Soft Boiled, Assorted Bagels, Yogurts, Cereal, Fresh	Cream of Mushroom Soup or Chef's Special soup <i>Sandwiches:</i> Beef Hamburger on Whole Wheat Bun Pork Fried Rice	<i>Hot Entrée:</i> *Athenos Bean Dip w/ Pita Daily Deli selection of 4 meats , 4 cheeses , hummus, Chicken Salad Vegetable of the Day	<i>Entrée:</i> Gnocchi with Gorgonzola Sauce Steamed Asian Style Cod Fajitas Beef and Pepper Burritos <i>Vegetable of the Day</i> Baked Yams
Tuesday, November 3 <i>Today's Special:</i> Peach Crisp Fried Eggs, Scrambled Eggs, Soft and Hard Boiled Eggs, Corned Beef Hash, Assorted Bagels, Yogurts, Cereal, Fresh Fruit	Chicken Rice Soup or Chef's Special Soup Beef and Pepper Stir Fry w Wheat Noodles Broccoli Rabe Frittata	<i>Hot Entrée:</i> *Poele (Root Vegetable) Stew Daily Deli selection of 4 meats , 4 cheeses , hummus, Chicken Salad Vegetable of the Day	<i>Entrée:</i> *Garden Pastry with Cheese Sauce Beef Paprikash Chicken Francese or Baked Chicken Vegetable of the Day Mashed Potatoes DESSERT NIGHT
Wednesday, November 4 <i>Today's Special:</i> Breakfast Pizza Scrambled Eggs, Hard and Soft Boiled Eggs, Honey ham, Turkey Jook, Cottage Fried Potatoes, Apple Crisp, Blueberry Muffins, Assorted Bagels, Yogurt, Cereal and Fresh Fruit	Minestrone Soup or Chef's Special Soup <i>Sandwiches:</i> Chicken Florentine Burgers On whole Wheat Rolls Beanie Weenie Casserole	<i>Hot Entrée:</i> *Bagel Pizza Daily Deli selection of 4 meats , 4 cheeses ,tapenade, roasted red pepper puree.	<i>Entrée:</i> * Potato Perogies with Butter Sauce Teriyaki Chicken Edamame Stir Fry with Brown Rice Beef Bourguignon <i>Vegetable of the Day</i> Mashed Potatoes
Thursday, November 5 <i>Today's Special:</i> Carrot Raisin Muffins Smoked Ham Congee, Fried Eggs, Soft and Hard Boiled Eggs, Corned Beef Hash, Peach Crisp, Assorted Bagels, Yogurts, Yogurt, Cereal and Fresh Fruit	French Onion Soup or Chef's Special Soup <i>Sandwiches:</i> Santa Fe Chicken & Bacon Chili Creamy Tuna Noodle Casserole	<i>Hot Entrée:</i> *Spicy Eggplant Rice Bowl Daily Deli selection of 4 meats , 4 cheeses ,tuna salad, roasted red pepper puree	Native American Dinner Navajo Pumpkin Soup/Three Sisters Vegan Stew/Wild Rice / Sage Roasted Game Hen/Lakota Buffalo Stew/ Fry Bread/Maple Pudding/Blueberry Cornmeal Cobbler GUEST MEAL PRICE: \$ 10.00 
Friday, November 6 <i>Today's Special:</i> Shrimp Scallion Congee, Scrambled Eggs, Blueberry Pancakes, Smoked Bacon, Hash Browns, Bagels, Yogurt, Cereal and Fresh Fruit	Clam Chowder or Chef's Soup of the Day <i>Sandwiches:</i> Turkey Red Flannel Hash Salmon Burger on Whole Wheat Roll	<i>Hot Entrée:</i> *Hoisin Broccoli Tofu Daily Deli selection of 4 meats , 4 cheeses , Seafood Salad, hummus	<i>Entrée:</i> *Tuscan Primavera Pie Roast Chicken 3 Ways Salmon w/ Ginger Sauce <i>Vegetable of the Day</i> Baked Yams
Saturday, November 7, 9:30 a.m. -1:00 p.m. Please Enjoy an Assortment of Breakfast, Lunch and Dinner Items. Saturday & Sunday Brunches are Served Buffet Style and Self-service. An Assortment of Breakfast Dishes, Lunch Casseroles and Dinner Entrees Are Served Along With the Chef's Special Selection of the Day. *Huevos Rancheros/ Denver Omelette, *Zucchini Corn Pudding		PASTA NIGHT Enjoy an assortment of vegetarian, meat and seafood sauces with a variety of pastas. Vegetable of the Day Baked Sweet Potatoes Garlic Bread	
Sunday, November 8, 9:30 a.m. -1:00 p.m. Please Enjoy an Assortment of Breakfast, Lunch and Dinner Items. Saturday & Sunday Brunches are Served Buffet Style and Self-service. An Assortment of Breakfast Dishes, Lunch Casseroles and Dinner Entrees Are Served Along With the Chef's Special Selection of the Day. *Spinach Mushroom Crepes/ *Stuffed Pancakes/ Eggs Benedict		<i>Hot Entrée:</i> *Vegetarian Calzone Thai Chicken Vegetable Curry Beef Chow Mein Country Potatoes Vegetable of the day	

* = Vegetarian Entrée

Dining Room hours are Monday through Friday for breakfast 7:15 & 9:30 am, lunch 11:30 am to 1:30 p.m., dinner 6:00 to 8:00 p.m. Saturday & Sunday, brunch is served 9:30 am -1:00 p.m.& dinner is served between 6:00 & 8:00 p.m. International House is located at 2299 Piedmont Avenue, Berkeley, CA. The Dining Services department is located on the 2nd floor. Ask about our meal plans for community members. 642-9477