# I-House Dining Commons Weekly Menu
## June 14, 2022 – June 20, 2022

**WEEKDAY BREAKFAST 7:15 - 9:30 am**

- Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Daily Breakfast Special of the Day

**LUNCH 11:00 am – 2:00 pm**

<table>
<thead>
<tr>
<th>MONDAY JUNE 13</th>
<th>TUESDAY JUNE 14</th>
<th>WEDNESDAY JUNE 15</th>
<th>THURSDAY JUNE 16</th>
<th>FRIDAY JUNE 17</th>
<th>SATURDAY JUNE 18</th>
<th>SUNDAY JUNE 19</th>
</tr>
</thead>
</table>
| **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** Assorted Sausage Bar, Vegan Lentil Beans Chili and Burger Bar (Chicken, Beef, Vegetarian) Rice, Buns and Seasonal Vegetables  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** *Chicken Teriyaki, Vegan Chicken and Garlic Shrimp with Vegetable Yakisoba, and Steamed Rice  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** ^Chicken Tagine, Roasted Vegetable Strudel with Tomato Basil Cream Sauce, Basmati Raisin Carrots Pilaf and Seasonal Vegetables  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** ^Chicken Tagine, Roasted Vegetable Strudel with Tomato Basil Cream Sauce, Basmati Raisin Carrots Pilaf and Seasonal Vegetables  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** ^Kare Kare (Beef and Vegetable Peanut Stew), Roasted Coconut Fish, Rice and Vegetable Noodle Stir Fry  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** *^Kare Kare (Beef and Vegetable Peanut Stew), Roasted Coconut Fish, Rice and Vegetable Noodle Stir Fry  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** *^Kare Kare (Beef and Vegetable Peanut Stew), Roasted Coconut Fish, Rice and Vegetable Noodle Stir Fry  
**Kettle:** Soup of the Day (Vegan and Meat) |

**DINNER 5:00 pm – 8:00 pm**

<table>
<thead>
<tr>
<th>MONDAY JUNE 13</th>
<th>TUESDAY JUNE 14</th>
<th>WEDNESDAY JUNE 15</th>
<th>THURSDAY JUNE 16</th>
<th>FRIDAY JUNE 17</th>
<th>SATURDAY JUNE 18</th>
<th>SUNDAY JUNE 19</th>
</tr>
</thead>
</table>
| **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** ^Grilled Beef Steak, Vegan Herb Seasoned Portobello Mushroom Steaks and Herb Oven Roasted Fish with Patatas Bravas and Seasonal Vegetables  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** *Pork Char Sui, Shrimp in Lobster Sauce, Tofu Buddha’s Delight, Chow Mein, Fried Rice and Seasonal Vegetables  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza of the Day (Meat, Vegetarian and GF)  
**Classic:** ^Rosemary and Garlic Herb Rotisserie Chicken and Vegan Ratatouille with Rice Pilaf and Steamed Seasonal Vegetables  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza of the Day (Meat, Vegetarian and GF)  
**Classic:** ^Korean Style BBQ Beef and **Sesame Tofu, Kimchi Stir Fry, Vegetable Noodles, Steamed Rice and Sautéed Greens  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza of the Day (Meat, Vegetarian and GF)  
**Classic:** *^Korean Style BBQ Beef and **Sesame Tofu, Kimchi Stir Fry, Vegetable Noodles, Steamed Rice and Sautéed Greens  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza of the Day (Meat, Vegetarian and GF)  
**Classic:** *^Korean Style BBQ Beef and **Sesame Tofu, Kimchi Stir Fry, Vegetable Noodles, Steamed Rice and Sautéed Greens  
**Kettle:** Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** *Sesame Tofu, Kimchi Stir Fry, Vegetable Noodles, Steamed Rice and Sautéed Greens  
**Kettle:** Soup of the Day (Vegan and Meat) |

**WEEKEND BRUNCH 9:30 – 2:00 pm**

- Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Breakfast Special of the Day and Omelet Station.

- **Vegan**  
**^Vegetarian** (contains egg and/or dairy)  
**^ Gluten-free** (contains no added Gluten containing ingredients). We are not a gluten-free facility, therefore we cannot eliminate the risk of cross-contamination.

- **All Chicken items are Halal**

---

*^All items are Halal when noted*  
**Vegan**  
**^Vegetarian** (contains egg and/or dairy)  
**^ Gluten-free** (contains no added Gluten containing ingredients). We are not a gluten-free facility, therefore we cannot eliminate the risk of cross-contamination.  
**All Chicken items are Halal**