## I-House Dining Commons Weekly Menu
May 20, 2024 – May 26, 2024

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### WEEKDAY BREAKFAST 7:15 - 9:30 am
Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Daily Breakfast Special of the Day

### LUNCH 11:00 am – 2:00 pm

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)
**Classic:** West African Chicken Stew, Fish Veracruz, Nopales Papas con Frijoles Verde, Brown Rice and Vegetable of the Day
**Kettle:** Soup of the Day (Vegan and Meat)

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)
**Classic:** Smoked Tri tip, Clam White Wine Pasta, Vegan White Bean Herb Vegetable Risotto and Vegetable of the Day
**Kettle:** Soup of the Day (Vegan and Meat)

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)
**Classic:** Sarmale, Maramliga, Fasole, Tocanita De Pui, Varza Calita, Ghiveci, Romanian Cherry Lemonade
**Kettle:** Soup of the Day (Vegan and Meat)

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)
**Classic:** Chicken Suya BBQ, Currywurst Beef Sausage with Ketchup Curry, Fish and Chips, German Potato Salad, Pretzel Pizza and Black Forrest Cake
**Kettle:** Soup of the Day (Vegan and Meat)

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)
**Classic:** Chicken Kabobs, Persian Shrimp Stew, Tahdig, Persian Squash Bean Saffron Rice and Vegetable of the Day
**Kettle:** Soup of the Day (Vegan and Meat)

### DINNER 5:00 pm – 8:00 pm

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)
**Classic:** Chicken Chili Verde, Shrimp Fajitas and Tofu Fajitas, Brown Rice and Vegetable of the Day
**Kettle:** Soup of the Day (Vegan and Meat)

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)
**Classic:** Chicken Enchilada Casserole, Tofu Ceviche and Nacho Bar
**Kettle:** Soup of the Day (Vegan and Meat)

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)
**Classic:** Chicken Tandoori, Fish Tandoori, Vegetable and Tofu Korma, Lemon Rice, Samosa and Raita
**Kettle:** Soup of the Day (Vegan and Meat)

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)
**Classic:** Chicken Teriyaki, Garlic Shrimp, Vegetables and Tofu Tempura, Yakisoba and Vegetable of the Day
**Kettle:** Soup of the Day (Vegan and Meat)

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)
**Classic:** Kung Pao Chicken, Honey Walnut Shrimp, Tofu Black Bean, LoMein, Vegetarian Spring Roll, Steamed Rice
**Kettle:** Soup of the Day (Vegan and Meat)

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)
**Classic:** Thai Beef Curry, Basil Coconut Tofu, Red Coconut Salmon, Pad Thai and Vegetable of the Day
**Kettle:** Soup of the Day (Vegan and Meat)

### WEEKEND BRUNCH 9:30 – 2:00 pm
Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.

*Vegan
**Vegetarian (contains egg and/or dairy)
^ Gluten-free (contains no added Gluten containing ingredients). We are not a gluten-free facility; therefore, we cannot eliminate the risk of cross-contamination.
*All Chicken items are Halal

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1. **May 20**
   - **MONDAY**
     - **LUNCH**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Daily Breakfast Special of the Day
     - **DINNER**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.

2. **May 21**
   - **TUESDAY**
     - **LUNCH**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.
     - **DINNER**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.

3. **May 22**
   - **WEDNESDAY**
     - **LUNCH**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.
     - **DINNER**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.

4. **May 23**
   - **THURSDAY**
     - **LUNCH**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.
     - **DINNER**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.

5. **May 24**
   - **FRIDAY**
     - **LUNCH**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.
     - **DINNER**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.

6. **May 25**
   - **SATURDAY**
     - **LUNCH**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.
     - **DINNER**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.

7. **May 26**
   - **SUNDAY**
     - **LUNCH**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.
     - **DINNER**
       - Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meal, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.