# I-House Dining Commons Weekly Menu

**May 6, 2024 – May 12, 2024**

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**WEEKDAY BREAKFAST 7:15 - 9:30 am**

- Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Daily Breakfast Special of the Day*

**LUNCH 11:00 am – 2:00 pm**

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** Chicken Kebab, Spicy Roasted Pepper Fish, Pulao Basmati Rice, Somalian Pasta, Plantains, Vegan Lentil Stew and Vegetable of the Day  
  **Kettle:** Soup of the Day (Vegan and Meat)

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** Gyro, Falafel, Fries, Greek Couscous Salad, Hummus, Babaganoush, Tzatziki Pita Bread and Rice Pilaf, Vegetable of the Day  
  **Kettle:** Soup of the Day (Vegan and Meat)

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** Vegan Tofu Bimbimbap, Beef Bulgogi, Sundubu Jjigae, Daegusul Jorim, Guksu, Banchan, Hwachae and Korean Cinnamon Ginger Persimmon Drink  
  **Kettle:** Soup of the Day (Vegan and Meat)

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** African Goat Stew, Salt and Pepper Garlic Jalapeno Crispy Shrimp, Jollof Rice, Braised Green and Pumpkin Seeds  
  **Kettle:** Soup of the Day (Vegan and Meat)

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** Italian Herb Meatloaf with Roasted Vegan Sausage Sweet Peppers and Onions and Sherry Balsamic Sauce, Shrimp Scampi, Creamy mashed Potatoes and Vegetable of the Day  
  **Kettle:** Soup of the Day (Vegan and Meat)

**DINNER 5:00 pm – 8:00 pm**

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** Lomo Saltado, Coconut Pepper Baked Fish, Tofu Basil Curry, Steamed Rice and Vegetable of the Day  
  **Kettle:** Soup of the Day (Vegan and Meat)

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** Herb Rotisserie Chicken, Vegan Goulash, Herb Shrimp, Wild Rice Pilaf and Vegetable of the Day  
  **Kettle:** Soup of the Day (Vegan and Meat)

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** Pork BBQ Spicy, Tofu Kimchi, Japchae, Wild Rice, Banchan, Hwachae and Korean Cinnamon Ginger Persimmon Drink  
  **Kettle:** Soup of the Day (Vegan and Meat)

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** Fried Chicken, Filipino Spaghetti, Mashed Potatoes, Vegan Lentil and Spinach, Jasmine Rice and Vegetable of the Day  
  **Kettle:** Soup of the Day (Vegan and Meat)

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** Baked Chicken Parmesan with Basil Marinara Sauce, Dill Herb Roasted Salmon with Mango Salsa, Vegan Stuffed Bell Peppers, Wild Rice Pilaf and Vegetable of the Day  
  **Kettle:** Soup of the Day (Vegan and Meat)

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** Cashew Chicken, Honey Walnut Shrimp, Vegan Tofu with Greens, Vegetarian LoMein, Fried Rice and Vegetable Spring Roll  
  **Kettle:** Soup of the Day (Vegan and Meat)

- **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
  **Classic:** Mongolian Beef, Crispy Cod Jalapeno Salt and Pepper, Vegan Sweet and Sour Tofu, Steamed Rice and Vegetable of the Day  
  **Kettle:** Soup of the Day (Vegan and Meat)

**WEEKEND BRUNCH 9:30 – 2:00 pm**

- Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.

- **Vegan**  
  **^Vegetarian** (contains egg and/or dairy)  
  **^ Gluten-free** (contains no added Gluten containing ingredients). We are not a gluten-free facility; therefore, we cannot eliminate the risk of cross-contamination.

- *All Chicken items are Halal*