# I-House Dining Commons Weekly Menu

**April 15, 2024 – April 21, 2024**

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<thead>
<tr>
<th>DAY</th>
<th>MEAL TIME</th>
<th>MENU</th>
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<tr>
<td><strong>MONDAY</strong>&lt;br&gt;April 15</td>
<td><strong>WEEKDAY BREAKFAST 7:15 - 9:30 am</strong>&lt;br&gt;Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Daily Breakfast Special of the Day</td>
<td><a href="#">Menu Details</a></td>
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<td><strong>LUNCH 11:00 am – 2:00 pm</strong>&lt;br&gt;Pizza: Pizza and Pasta of the Day (Meat, Vegetarian and GF)&lt;br&gt;<strong>Classic:</strong> West African Chicken Stew, Fish Veracruz, Nopales Papas con Frijoles Verde, Brown Rice and Vegetable of the Day&lt;br&gt;<em>Kettle:</em> Soup of the Day (Vegan and Meat)</td>
<td><a href="#">Menu Details</a></td>
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<td><strong>TUESDAY</strong>&lt;br&gt;April 16</td>
<td><strong>DINNER 5:00 pm – 8:00 pm</strong>&lt;br&gt;Pizza: Pizza and Pasta of the Day (Meat, Vegetarian and GF)&lt;br&gt;<strong>Classic:</strong> Pork Carnitas, Vegan Mushroom Carnitas Tacos, Tofu Chili Verde, Mexican Rice, Vegetable of the Day&lt;br&gt;<em>Kettle:</em> Soup of the Day (Vegan and Meat)</td>
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<td><strong>WEDNESDAY</strong>&lt;br&gt;April 17</td>
<td><strong>DINNER 5:00 pm – 8:00 pm</strong>&lt;br&gt;Pizza: Pizza and Pasta of the Day (Meat, Vegetarian and GF)&lt;br&gt;<strong>Classic:</strong> Pork Carnitas, Vegan Mushroom Carnitas Tacos, Tofu Chili Verde, Mexican Rice, Vegetable of the Day&lt;br&gt;<em>Kettle:</em> Soup of the Day (Vegan and Meat)</td>
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<td><strong>THURSDAY</strong>&lt;br&gt;April 18</td>
<td><strong>DINNER 5:00 pm – 8:00 pm</strong>&lt;br&gt;Pizza: Pizza and Pasta of the Day (Meat, Vegetarian and GF)&lt;br&gt;<strong>Classic:</strong> Pork Carnitas, Vegan Mushroom Carnitas Tacos, Tofu Chili Verde, Mexican Rice, Vegetable of the Day&lt;br&gt;<em>Kettle:</em> Soup of the Day (Vegan and Meat)</td>
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<td><strong>FRIDAY</strong>&lt;br&gt;April 19</td>
<td><strong>DINNER 5:00 pm – 8:00 pm</strong>&lt;br&gt;Pizza: Pizza and Pasta of the Day (Meat, Vegetarian and GF)&lt;br&gt;<strong>Classic:</strong> Pork Carnitas, Vegan Mushroom Carnitas Tacos, Tofu Chili Verde, Mexican Rice, Vegetable of the Day&lt;br&gt;<em>Kettle:</em> Soup of the Day (Vegan and Meat)</td>
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<td><strong>SATURDAY</strong>&lt;br&gt;April 20</td>
<td><strong>DINNER 5:00 pm – 8:00 pm</strong>&lt;br&gt;Pizza: Pizza and Pasta of the Day (Meat, Vegetarian and GF)&lt;br&gt;<strong>Classic:</strong> Pork Carnitas, Vegan Mushroom Carnitas Tacos, Tofu Chili Verde, Mexican Rice, Vegetable of the Day&lt;br&gt;<em>Kettle:</em> Soup of the Day (Vegan and Meat)</td>
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<td><strong>SUNDAY</strong>&lt;br&gt;April 21</td>
<td><strong>DINNER 5:00 pm – 8:00 pm</strong>&lt;br&gt;Pizza: Pizza and Pasta of the Day (Meat, Vegetarian and GF)&lt;br&gt;<strong>Classic:</strong> Pork Carnitas, Vegan Mushroom Carnitas Tacos, Tofu Chili Verde, Mexican Rice, Vegetable of the Day&lt;br&gt;<em>Kettle:</em> Soup of the Day (Vegan and Meat)</td>
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*All Chicken items are Halal

**WEEKEND BRUNCH 9:30 – 2:00 pm**<br>Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.

**Vegan**

**Vegetarian** (contains egg and/or dairy)

^ Gluten-free (contains no added Gluten containing ingredients). We are not a gluten-free facility; therefore, we cannot eliminate the risk of cross-contamination.

**Breakfast**

**Vegan**

**Breakfast** Veggie, Scone, Nice Oatmeal with Black Forest Cake and Daily Breakfast Special of the Day and Omelet Station.

**Lunch**

**Vegan**

**Breakfast** Veggie, Scone, Nice Oatmeal with Black Forest Cake and Daily Breakfast Special of the Day and Omelet Station.

**Dinner**

**Vegan**

**Breakfast** Veggie, Scone, Nice Oatmeal with Black Forest Cake and Daily Breakfast Special of the Day and Omelet Station.

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**Dinner**

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