### I-House Dining Commons Weekly Menu
**September 18, 2023 – September 24, 2023**

#### WEEKDAY BREAKFAST 7:15 - 9:30 am
- Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar
- *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Daily Breakfast Special of the Day

**LUNCH 11:00 am – 2:00 pm**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAY</strong> September 18</td>
<td><strong>TUESDAY</strong> September 19</td>
<td><strong>WEDNESDAY</strong> September 20</td>
<td><strong>THURSDAY</strong> September 21</td>
<td><strong>FRIDAY</strong> September 22</td>
<td><strong>SATURDAY</strong> September 23</td>
<td><strong>SUNDAY</strong> September 24</td>
</tr>
</tbody>
</table>

**WEEKEND BRUNCH 9:30 – 2:00 pm**
- Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar
- *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.

**Vegan**

**Vegetarian** (contains egg and/or dairy)

^ Gluten-free (contains no added gluten containing ingredients). We are not a gluten-free facility; therefore, we cannot eliminate the risk of cross-contamination.

*All Chicken items are Halal

#### DINNER 5:00 pm – 8:00 pm

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAY</strong> September 18</td>
<td><strong>TUESDAY</strong> September 19</td>
<td><strong>WEDNESDAY</strong> September 20</td>
<td><strong>THURSDAY</strong> September 21</td>
<td><strong>FRIDAY</strong> September 22</td>
<td><strong>SATURDAY</strong> September 23</td>
<td><strong>SUNDAY</strong> September 24</td>
</tr>
</tbody>
</table>

**DINNER 5:00 pm - 8:00 pm**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAY</strong> September 18</td>
<td><strong>TUESDAY</strong> September 19</td>
<td><strong>WEDNESDAY</strong> September 20</td>
<td><strong>THURSDAY</strong> September 21</td>
<td><strong>FRIDAY</strong> September 22</td>
<td><strong>SATURDAY</strong> September 23</td>
<td><strong>SUNDAY</strong> September 24</td>
</tr>
</tbody>
</table>

---

**Notes:**
- *Breakfast items are available 24/7 and can be ordered anytime.
- **Vegan** and **Vegetarian** options are available in all dining locations, with gluten-free options also available.
- All chicken items are Halal.
- Gluten-free options are available with caution.

---

**Breakfast Meat:**
- **Breakfast Meat:**
  - Sausage, Sausage Links, Sausage Patties, Sausage Sticks
  - Bacon, Ham, Turkey Sausage, Smoked Turkey, Canadian Bacon
  - Omelet, Scrambled Eggs, Tofu Scramble, Tofu Omelet
  - Eggs, Pancakes, Waffles, French Toast, Breakfast Pastries

**Breakfast Potatoes:**
- Mashed Potatoes, Breakfast Potatoes, Sweet Potatoes

**Breakfast Specials:**
- Daily Special of the Day
- Omelet Special of the Day
- Specials of the Day

**Brunch:**
- Brunch Specials
- Brunch Specials of the Day
- Brunch Station

**Soup of the Day:**
- Soup of the Day
- Soup of the Day Special of the Day

---

**Specials:**
- *Specials*
- *Specials*
- *Specials*

---

**Dinner:**
- Dinner Options
- Dinner Specials
- Dinner Specials of the Day

**Station:**
- *Station*
- *Station*
- *Station*