I-House Dining Commons Weekly Menu  
December 5, 2022 – December 11, 2022

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**WEEKDAY BREAKFAST 7:15 - 9:30 am**
Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, *Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Daily Breakfast Special of the Day

**LUNCH 11:00 am – 2:00 pm**

**WEEKEND BRUNCH 9:30 – 2:00 pm**
Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.

*Vegan  
**Vegetarian (contains egg and/or dairy)  
^ Gluten-free (contains no added Gluten containing ingredients). We are not a gluten-free facility, therefore we cannot eliminate the risk of cross-contamination.  
*All Chicken items are Halal

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**MONDAY**

**STEAMED VEGETABLES**  
Steamed Vegetables  
Vegan Cassoulet with Roasted Fish  
Stroganoff, Chermoula

**PIZZA:**  
Cheese Manicotti (Vegan and Meat)

**TUESDAY**

**STEAMED VEGETABLES**  
Steamed Vegetables  
Vegan Cassoulet with Roasted Fish  
Stroganoff, Chermoula

**PIZZA:**  
Cheese Manicotti (Vegan and Meat)

**WEDNESDAY**

**STEAMED VEGETABLES**  
Steamed Vegetables  
Vegan Cassoulet with Roasted Fish  
Stroganoff, Chermoula

**PIZZA:**  
Cheese Manicotti (Vegan and Meat)

**THURSDAY**

**STEAMED VEGETABLES**  
Steamed Vegetables  
Vegan Cassoulet with Roasted Fish  
Stroganoff, Chermoula

**PIZZA:**  
Cheese Manicotti (Vegan and Meat)

**FRIDAY**

**STEAMED VEGETABLES**  
Steamed Vegetables  
Vegan Cassoulet with Roasted Fish  
Stroganoff, Chermoula

**PIZZA:**  
Cheese Manicotti (Vegan and Meat)

**SATURDAY**

**STEAMED VEGETABLES**  
Steamed Vegetables  
Vegan Cassoulet with Roasted Fish  
Stroganoff, Chermoula

**PIZZA:**  
Cheese Manicotti (Vegan and Meat)

**SUNDAY**

**STEAMED VEGETABLES**  
Steamed Vegetables  
Vegan Cassoulet with Roasted Fish  
Stroganoff, Chermoula

**PIZZA:**  
Cheese Manicotti (Vegan and Meat)