# I-House Dining Commons Weekly Menu

**April 29, 2023 – May 5, 2023**

| MONDAY  
April 29 | TUESDAY  
April 30 | WEDNESDAY  
May 1 | THURSDAY  
May 2 | FRIDAY  
May 3 | SATURDAY  
May 4 | SUNDAY  
May 5 |
|---|---|---|---|---|---|---|
| **WEEKDAY BREAKFAST 7:15 - 9:30 am**  
Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Daily Breakfast Special of the Day** | **LUNCH 11:00 am – 2:00 pm** | **DINNER 5:00 pm – 8:00 pm** | **DINNER 5:00 pm – 8:00 pm** | **WEEKEND BRUNCH 9:30 – 2:00 pm**  
Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station.**  
*Vegan  
**Vegetarian (contains egg and/or dairy)  
^ Gluten-free (contains no added Gluten containing ingredients). We are not a gluten-free facility; therefore, we cannot eliminate the risk of cross-contamination.  
*All Chicken items are Halal |

### Breakfast

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** Lemon Grass Kaffir Lime Roasted Chicken, Herb Black Bean Shrimp Stir Fry, Vegetable Lo Mein, Steamed Rice and Vegetable of the Day  
**Kettle:** Soup of the Day (Vegan and Meat)

### Lunch

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** Hainanese Chicken, Crispy Chili Shrimp, Savory Rice, Ginger Sauce, Spring Roll and Vegan Tofu Lotus Root  
**Kettle:** Soup of the Day (Vegan and Meat)

### Dinner

**Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and GF)  
**Classic:** Jerk Chicken, Fish Chermoula, Jollof Rice, Vegan Stew, Vegetable of the Day  
**Kettle:** Soup of the Day (Vegan and Meat)