# I-House Dining Commons Weekly Menu
**May 16, 2022 – May 22, 2022**

| MONDAY  
May 16 | TUESDAY  
May 17 | WEDNESDAY  
May 18 | THURSDAY  
May 19 | FRIDAY  
May 20 | SATURDAY  
May 21 | SUNDAY  
May 22 |
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| **WEEKDAY BREAKFAST 7:15 - 9:30 am**  
Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Daily Breakfast Special of the Day | **WEEKEND BRUNCH 9:00 – 3:00 pm**  
Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, *Steel Cut Oatmeal, Jook Bar, ^Eggs, Breakfast Meats, **Vegan Breakfast Meat, **Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station. | **CONTINENTAL BREAKFAST ONLY** | **CONTINENTAL BREAKFAST ONLY** | **CONTINENTAL BREAKFAST ONLY** | **CONTINENTAL BREAKFAST ONLY** | **CONTINENTAL BREAKFAST ONLY** |
| **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and ^GF)  
Classic: Filipino Chicken Adobo and Oven Roasted Vinegar, Bay Leaf and Black Pepper Marinated Trout and Vegan Pinakbet with Garlic Rice, Vegetarian Pancit and Sautéed Greens  
Kettle: Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and ^GF)  
Classic: Hungarian Beef Goulash, Bean Cassoulet and Herb  
Oven Roasted Fish with Creamy Mashed Potatoes and Seasonal Vegetables  
Kettle: Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and ^GF)  
Classic: ^Turkey Cutlet with Mushroom Gravy, Oven Roasted Blackened fish, Twice Baked Potato with Wild Rice Quinoa Pilaf and Seasonal Vegetables  
Kettle: Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and ^GF)  
Classic: Pork Loin Roast with Au Jus, Stuffed Portobello Mushroom and Shrimp Scampi with Dill Roasted Potatoes, and Seasonal Vegetables  
Kettle: Soup of the Day (Vegan and Meat) | **Pizza:** Pizza of the Day (Meat, Vegetarian and ^GF)  
Classic: ^BURGER BAR (Beef and Garden Burger) with Oven Roasted Slice Mushrooms, Lettuce, Tomatoes, Cheese, Special Sauce and French Fries, Sweet Potato Fries and Steamed Vegetables  
Kettle: Soup of the Day (Vegan and Meat) | **Pizza:** Pizza of the Day (Meat, Vegetarian and ^GF)  
Classic: Ramen BAR Chicken and Tofu, Seitan Vegetarian with Egg Noodles, Mushrooms, Scallions, Egg, Bamboo Shoots, Steamed Greens and Miso Broth  
Kettle: Soup of the Day (Vegan and Meat) | **Pizza:** Pizza of the Day (Meat, Vegetarian and ^GF)  
Classic: Seafood Paella and Beyond Meat Quinoa Meatloaf with Brown Mushroom Gravy, Spaghetti Squash and Seasonal Vegetables  
Kettle: Soup of the Day (Vegan and Meat) |
| **Weekend Breakfast 7:15 - 9:30 am**  
Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, Steel Cut Oatmeal, Jook Bar, Eggs, Breakfast Meats, Vegan Breakfast Meat, Breakfast Potatoes and Breakfast Special of the Day | **Weekend Brunch 9:00 – 3:00 pm**  
Fresh Fruit, Yogurt, Cereal, Breakfast Pastries Bar, Steel Cut Oatmeal, Jook Bar, Eggs, Breakfast Meats, Vegan Breakfast Meat, Breakfast Potatoes and Breakfast Brunch Special of the Day and Omelet Station. | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and ^GF)  
Classic: Oven Roasted Chicken Tandoori, Tilapia Tandoori, Lentil Dal, Allo Goobi, Basmati Rice, Mint Raita and Naan Bread  
Kettle: Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and ^GF)  
Classic: Oven Roasted Blackened fish, Twice Baked Potato with Wild Rice Quinoa Pilaf and Seasonal Vegetables  
Kettle: Soup of the Day (Vegan and Meat) | **Pizza:** Pizza and Pasta of the Day (Meat, Vegetarian and ^GF)  
Classic: Pork Loin Roast with Au Jus, Stuffed Portobello Mushroom and Shrimp Scampi with Dill Roasted Potatoes, and Seasonal Vegetables  
Kettle: Soup of the Day (Vegan and Meat) | **Pizza:** Pizza of the Day (Meat, Vegetarian and ^GF)  
Classic: Ramen BAR Chicken and Tofu, Seitan Vegetarian with Egg Noodles, Mushrooms, Scallions, Egg, Bamboo Shoots, Steamed Greens and Miso Broth  
Kettle: Soup of the Day (Vegan and Meat) | **Pizza:** Pizza of the Day (Meat, Vegetarian and ^GF)  
Classic: Seafood Paella and Beyond Meat Quinoa Meatloaf with Brown Mushroom Gravy, Spaghetti Squash and Seasonal Vegetables  
Kettle: Soup of the Day (Vegan and Meat) |

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*Vegan  
**Vegetarian** (contains egg and/or dairy)  
^ Gluten-free (contains no added Gluten containing ingredients). We are not a gluten-free facility, therefore we cannot eliminate the risk of cross-contamination.  
*All Chicken items are Halal