



# I-House Dining Commons Weekly Menu

## November 20<sup>th</sup>, 2017 – November 26<sup>th</sup>, 2017



MONDAY November 20	TUESDAY November 21	WEDNESDAY November 22	THURSDAY November 23	FRIDAY November 24	SATURDAY November 25	SUNDAY November 26
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**WEEKDAY BREAKFAST 7:15 - 9:30 am**  
 Fruit & Yogurt Bar, Jook,  
 Hot Oatmeal, Scrambled Eggs, Breakfast Potatoes, \*Tofu Scramble, Bagels, and a Variety of Breakfast Proteins and Specials

**WEEKEND BRUNCH**  
 9:30am – 1:00pm

**LUNCH 11:30 am – 1:30 pm**

Specialty Entrees will be served at 11am  
 Fruit and Yogurt Bar, Waffle Bar, Omelet Bar, Vegan Jook, Hot Oatmeal, Breakfast Protein, Breakfast Potatoes, \*\*Breakfast Burrito, \*\*Vegetarian Quiche, and Daily Brunch Specials  
**\*Vegan**  
**\*\*Vegetarian** (contains egg and/or dairy)  
**^ Gluten-free** (contains no added gluten containing ingredients). We are not a gluten-free facility, therefore we cannot eliminate the risk of cross-contamination.  
**+ Item may be limited to one serving per credit**

**Oven:** Pizza, Pasta  
**Grill:** ^ Pork Chile Verde  
**^Fried Rice**  
**Wok:** \*\*Gobi Aloo, ^Vegan Pancit  
**Skillet:** ^Chicken Adobo, ^Sauteed Veg.  
**Kettle:** \*\*^Carrot Coconut Curry

**Oven:** Pizza, Pasta, \*\*Mexican Pasta  
**Grill:** ^Grilled Chicken Fajitas  
**Wok:** ^Beef Taco, \*\*^Vegan Fajitas  
**Skillet:** \*\*^Pinto Beans, \*\*^Mexican Rice, \*\*^Roasted Zucchini  
**Kettle:** ^Chicken Pozole

**Oven:** Pizza, Pasta  
**Skillet:** \*\*^Vegan Coconut Curry  
**WOK:** Five spice Chicken.  
**Grill:** Beef Burger and Vegetarian Curly Fries.  
**\*\*Pasta Primavera**  
**Kettle:** ^Ginger Chicken Soup

**Thanksgiving**  
**Closed**  
**All Day**

**Brunch**  
**Only**  
**OPEN**  
**9:30AM-1:30PM**

**DINNER 5:30 pm - 8 pm**

**Oven:** Pizza, Pasta  
**\*\*Cheese Ravioli** w/Sundried tomato Cream Sauce  
**Grill:** ^Grilled Salmon w/Tropical Salsa.  
**^Quinoa Pilaf**  
**Wok:** ^Teriyaki Chicken  
**^Spicy Eggplant**  
**Skillet:** \*\*^Stir fry Green Cabbage, \*\*^Baked Yams  
**Kettle:** \*\*^Hot & Sour Soup

**Oven:** Pasta, Pizza, Caesar Salad  
**Grill:** Fried Chicken.  
**^Coconut Rice**  
**Wok:** ^Mongolian Beef Stir Fry,  
**^Vegan Pancit**  
**Skillet:** \*\*^Roasted Vegetables,  
**^Coconut Curry**  
**Kettle:** \*\*^Cream of Vegetable Soup

**Thanksgiving**  
**Dinner**  
**Oven:** Pizza, Pasta, ^Roasted Turkey  
**\*\*Mashed Potatoes** and Gravy  
**Skillet:** Baked Ham  
**\*\*Roasted Sprouts** and Squash, \*\*Green Bean Casserole.  
**^Baked Beans**  
**Kettle:** \*\*^Roasted Butter Squash Soup

**Thanksgiving**  
**Closed**  
**All Day**

**No Dinner**  
**Closed**

**Oven:** Pizza, Pasta, Pasta Salad  
**Grill:** ^Halal Chicken  
**^Steamed Broccolini**  
**^Gobi Aloo**  
**Skillet:** ^Beef Stew,  
**\*\*Vegetable Lasagna**  
**Kettle:** \*\*^Minestrone

**Oven:** Pizza, Pasta,  
**Wok:** ^Red Curry Chicken  
**\*\*Coconut Rice,**  
**Skillet:** ^Roasted Pork Loin, \*\*^Balsamic Kale,  
**^Chipotle Black Beans,** ^Steamed Broccolini  
**Kettle:** \*\*^Tomato Basil Soup