**I-House Dining Commons Weekly Menu**
February 1st, 2016 – February 7th, 2016

|MONDAY  
February 1| TUESDAY  
February 2| WEDNESDAY  
February 3| THURSDAY  
February 4| FRIDAY  
February 5| SATURDAY  
February 6| SUNDAY  
February 7|
|---|---|---|---|---|---|---|
|WEEKDAY BREAKFAST  7:15 - 9:30 am  
Fruit & Yogurt Bar, Jook, Hot Oatmeal, Scrambled Eggs, Breakfast Potatoes, *Tofu Scramble, Bagels, and a Variety of Breakfast Proteins and Specials|WEEKEND BRUNCH  9:30 am – 1 pm  
Specialty Entrees will be served at 11 am  
Fruit and Yogurt Bar, Waffle Bar, Omelet Bar, Vegan Jook, Hot Oatmeal, Breakfast Protein Bar, Breakfast Potatoes, **Breakfast Burrito, **Vegan Quiche, and Daily Lunch Specials|LUNCH  11:30 am – 1:30 pm|DINNER  6 - 8 pm|

### MONDAY  
February 1

- **Oven:** Pizza, Pasta, Portobello Salad
- **Grill:** Wok: Nasi Goreng, Panini Sandwiches, Pasta Salad
- **Skillet:** Chicken Tikka Ali Dal Curry, Mac & Cheese
- **Kettle:** Soup of the Day

### TUESDAY  
February 2

- **Oven:** Pizza, Pasta, Antipasti platter
- **Grill:** Hot Dogs, **Veggie Wrap, Fries
- **Wok:** Seafood Pad Thai, *Vegan Pad Thai, *Vegetable of the Day
- **Skillet:** Chicken with Habanero Glaze, Cheddar Grits, Steamed Broccoli
- **Kettle:** Daily Soup

### FRIDAY  
February 5

- **Oven:** Pizza, Pasta, *Miso Soup
- **Grill:** Pork Carnitas, Tacos w/ salsas
- **Wok:** Fried fish with Yucca and cabbage slaw
- **Skillet:** Vegan curry, Vegetable of the Day
- **Kettle:** Tomato Soup

### SATURDAY  
February 6

- **Oven:** Pizza, Pasta, Gravlax
- **Ramen Bar:** Tonkatsu (pork) & Vegan Broths, Noodles, Char Siu Pork, Crispy Chicken, Tofu, Vegetables and Toppings
- **Kettle:** Minestrone Soup

### SUNDAY  
February 7

- **Oven:** Pizza, Pasta, Pastry, Dessert
- **Grill:** Nacho Bar w/ Guacamole, Chicken Wings, *Fries
- **Skillet:** Creamy Crab and Spinach Dip, Pretzels
- **Kettle:** *Three Bean Chili

### MEATLESS MONDAY

- **Oven:** Pizza, Pasta, Fine Cheese & Veg Platter
- **Grill:** Veggie Burgers, Sweet Potato Fries
- **Wok:** *Crispy Noodles with Mushrooms, Steamed Veg.
- **Skillet:** **Tempeh Tikka Masala, stuffed cabbage, *Naan, *Saffron Rice, Samosas
- **Kettle:** *Carrot Coconut

### SPAIN MEAL

- *Gazpacho Blanco Assorted Tapas, Queso y Jamon Gambas al Ajillo Chipirones en su tinta Croquetas de Jamon Paella Valenciana Slow Roasted Lamb Torillas Sangria (if 21yo+)
- **Oven:** Pizza, Pasta, Caesar Salad
- **Grill:** Grilled Chicken, *Sweet Potato & Eggplant Tagine, Orzo Salad
- **Wok:** Lomo Saltado, Cilantro Rice, Green Beans
- **Skillet:** Pork Chile Verde, Sautéed Squash
- **Kettle:** Avgolemono

### MEATLESS FRIDAY

- **Oven:** Pizza, Pasta, Linguini with Fresh Clams
- **Grill:** Korean Beef, Chow mein, cuke salad
- **Wok:** Sweet & Sour Chicken, Chinese Broccoli
- **Skillet:** Shrimp and Grits, Mustard Greens
- **Kettle:** *Peanut Broccoli Soup

### SPANISH MEAL

- **Oven:** Pizza, Pasta, Salami and Cheese
- **Grill:** Chicken with Pineapple Salsa, *Rice Pilaf, Roasted Veg.
- **Wok:** *Veg Chow Mein, *Gobi Aloo
- **Skillet:** Beef Meatloaf, **Mashed Potatoes, *Green Bean Casserole
- **Kettle:** **Cheddar Broccoli Soup

### SUNDAY MEAL

- **Oven:** Pizza, Pasta, Puff Pastry Dessert
- **Grill:** Nacho Bar w/ Guacamole
- **Wok:** Chicken Wings, *Fries
- **Skillet:** Creamy Crab and Spinach Dip, Pretzels
- **Kettle:** *Three Bean Chili