# I-House Dining Commons Weekly Menu

**February 11th, 2019 – February 17th, 2018**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 11</td>
<td>February 12</td>
<td>February 13</td>
<td>February 14</td>
<td>February 15</td>
<td>February 16</td>
<td>February 17</td>
</tr>
</tbody>
</table>

## WEEKDAY BREAKFAST 7:15 - 9:30 am


## LUNCH 11:30 am – 1:30 pm

### Oven: Pizza, Pasta
- **Potato Salad**
- **Herbivore:** **Beluga Stew (Black Lentil)**
- **Grill:** Baked Chicken w/Mango Glazed
- **Wok:** **Chow Mein Salt and Pepper Shrimp**
- **Kettle:** **Carrot Pesto Pasta**

### Oven: Pizza, Pasta
- **Tuscan Salad**
- **Herbivore:** **Vegetarian Pad Thai noodles,** **Meatballs with Egg Grill:**
- **Grill:**
  - **^Garlic Rice**
  - **Grilled Korean Pork Chops**
- **Wok:** **^Broccoli Cilantro Chicken**
- **^Cheese Ravioli**
- **Kettle:** Chef Special

### Oven: Pizza, Pasta
- **Herbivore:** Hummus Falafel Naan Bread
- **Grill:**
  - **Chicken Souvlaki Roasted herb Potatoes**
  - **^Cauliflower Grilled Lamb Souvlaki**
- **Wok:**
  - **Pasta w/Sundried Tomatoes & Feta Cucumber Sauce**
- **Kettle:** **^Egg flower Soup**

### Oven: Pizza, Pasta
- **Salads:** Fresh Fruit
- **^Cole Slaw**
- **Kettle:** Chef Special

### Oven: Pizza, Pasta
- **Herbivore:**
  - **Lasagna**
  - **^Lasagna w/Lentil Stew**
- **Wok:**
  - **^Pancit**
  - **Grilled Chicken w/Lemon grass**
  - **^Curry Rice**
- **Grill:**
  - **Baked Fish w/caper sauce Roasted Potatoes**
  - **^Vegetarian Quiche, and Daily Lunch Specials**

### Oven: Pizza, Pasta
- **^Breakfast Potatoes, **Tofu Scramble, Bagels, and a Variety of Breakfast Proteins and Specials

## WEEKEND BRUNCH 9:30 am – 1 pm

- Specialty Entrees will be served at 11 am
- Fruit and Yogurt Bar, **Waffle Bar, Omelets Bar,**
- **^Vegetarian Quiche, and Daily Lunch Specials**
- **^Vegan**
- **^Vegetarian (contains egg and/or dairy)**
- **^ Gluten-free (contains no added gluten containing ingredients)**

- We are not a gluten-free facility, therefore we cannot eliminate the risk of cross-contamination.
- **+ Item may be limited to one serving per credit**

## DINNER 5:30 pm - 8 pm

### Oven: Pizza, Pasta
- **Herbivore:**
  - **Mushroom Risotto**
- **Grill:** Swedish Meatballs with Egg noodles,
  - **^Vegetarian Pad Thai**
- **Wok:** **^Teriyaki Chicken**
  - **^Fried Rice**
- **Kettle:** **^Hot & Sour Soup**

### Oven: Pasta, Pizza, **Herbivore:**
- **^Vegetarian Lasagna**
- **Herbivore:** **^Teriyaki Tofu**
- **Wok:** **^Beef and Broccoli**
- **^Stir Fry Vegetables**
- **Grill:** Cajun Catfish Southwestern Rice Corn Bread
- **Kettle:** Chicken and Andouille Sausage Gumbo

### Oven Pizza, Pasta
- **Herbivore:** **^Spicy Fried Tofu**
- **Wok:** **Balsamic Orange Glazed Cod**
- **^Roasted Broccoli with Lemon and Garlic**
- **Grill:** Herb Roasted Lamb
- **^Garlic Noodles**
- **^Au Gratin Potatoes**

### Oven Pizza, Pasta
- **Kettle:** **^Tomato Basil Soup**

### Oven Pizza, Pasta
- **Herbivore:** **^Gobi Aloo**
- **Wok:** Pork Adobo
  - **^Garlic Rice Stick Noodles**
  - **^Steamed Broccoli**
- **Grill:** Piri Piri Chicken
  - **^Roasted Sprouts and Squash**
  - **^Vegetarian Quiche**

### Oven Pizza, Pasta
- **Kettle:** **^Cream Of Asparagus**

### Oven Pizza, Pasta
- **Herbivore:** **^Coconut Curry**
- **Wok:** **^Creamy Parmesan Shrimp**
- **^Herb Roasted Potatoes**
- **Grill:** **^5 Spice Chicken Grilled Corn on the Cob**

### Oven Pizza, Pasta
- **Kettle:** **^Minestrone Soup**