### I-House Dining Commons Weekly Menu
**April 4th, 2016 – April 10th, 2016**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 4th</td>
<td>April 5th</td>
<td>April 6th</td>
<td>April 7th</td>
<td>April 8th</td>
<td>April 9th</td>
<td>April 10th</td>
</tr>
</tbody>
</table>

#### WEEKDAY BREAKFAST 7:15 - 9:30 am
- Hot Oatmeal, Scrambled Eggs, Breakfast Potatoes, *Tofu Scramble, Bagels, and a Variety of Breakfast Proteins and Specials

#### LUNCH 11:30 am – 1:30 pm

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Mediterranean Lunch</th>
<th>Lunch</th>
<th>Dinner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pizza, Pasta, Antipasti platter, **Portobello Salad, **Gnocchi</td>
<td>Chicken Souvlaki, **Falafel, **Hummus, Rice, **Baba Ganoush, **Tomato Cucumber Salad, **Garbanzo Stew, Cous Cous, Rice</td>
<td>Oven: Pizza, Pasta, Grilled: Baja Quesadilla, **Veggie Quesadilla, **Eggplant Salad, **Chef’s Special</td>
<td>Sushi &amp; ^Sashimi, ^Tojiru &amp; ^Miso Soups, **^Mizuna Salad, **Tempeh Vegetables, Nicauiuja Beef Stew, ^Izakaya (grilled skewers), Sake, **Japanese Desserts</td>
</tr>
</tbody>
</table>

#### WEEKEND BRUNCH 9:30 am – 1 pm
- Specialty Entrees will be served at 11 am

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch</th>
<th>Dinner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruit and Yogurt Bar, Jook, Waffle Bar, Omelet Bar, Vegan Jook, Hot Oatmeal, Breakfast Proteins and Specials</td>
<td>**Vegan</td>
<td>*^Sushi &amp; ^Sashimi, ^Tojiru &amp; ^Miso Soups, **^Mizuna Salad, **Tempeh Vegetables, Nicauiuja Beef Stew, ^Izakaya (grilled skewers), Sake, **Japanese Desserts</td>
</tr>
</tbody>
</table>

### Meatless Monday
- **Oven:** Pizza, Pasta, **Portobello Salad, Pasta salad.
- **Grill:** Piri Piri Chicken
- **Wok:** Seafood Chow Mein
- **Skillet:** Moroccan lamb, **All Dal Curry, **Mac & Cheese
- **Kettle:** Cream of tomato soup

### Japanese Cuisine Dinner
- **Oven:** Pizza, Pasta, ^Sushi & ^Sashimi
- **Grill:** Grilled Salmon, **Black Beans, **Mushroom Rice
- **Wok:** Sweet and Sour Pork, Steamed dumplings, Green Bean Tofu with Black Bean Sauce
- **Skillet:** Chicken Pot Pie, **Braised Greens, **Rice Pilaf, **Roasted Brussels Sprouts, **Channa Masala
- **Kettle:** Lentil Soup

### I-Chinese Cuisine
- **Oven:** Pizza, Pasta, Orzo w/ cured meat & olives
- **Grill:** Kefta Kebab, **Roasted Peppers & Onions, **Basmati Rice
- **Wok:** General Tso’s Chicken, *Vegetarian Sesame Udon Noodles, **Steamed Broccoli
- **Skillet:** Roasted Fish with lemon & capers, *Bulgur Pilaf, **Eggplant Casserole, **Lentils
- **Kettle:** Beef Barley Soup

### Szechuan Dinner
- **Oven:** Pizza, Pasta, Lingui with Clams, garlic bread
- **Grill:** Hamburger, **Vegetarian burger, and **French fries
- **Wok:** Chicken Wings, Broccoli, **Fried Rice, Taquitos **steamed greens
- **Skillet:** Beef Meatloaf, **Mashed Potatoes, **Green Bean Casserole, **Sautéed Squash
- **Kettle:** Cheddar Broccoli Soup

### Mexican Dinner
- **Oven:** Pizza, Pasta, Caesar Salad
- **Grill:** Grilled Chicken Chimichurri, **Roasted Potato, **Yam & Eggplant Tagine, **Tomato Soup
- **Wok:** Beef and Green bean stir fry, **Edamame Tofu Stir Fry
- **Skillet:** Pork Chile Colorado, **Sautéed Squash, **Mexican Rice, **Black Beans, Tortillas
- **Kettle:** **Potato Leek Soup

### Vegetarian
- **Oven:** Pizza, Pasta, *% Portobello Salad, Pasta salad.
- **Grill:** Piri Piri Chicken
- **Wok:** Seafood Chow Mein
- **Skillet:** Moroccan lamb, **All Dal Curry, **Mac & Cheese
- **Kettle:** Cream of tomato soup

### Gluten-free
- **Oven:** Pizza, Pasta, **Portobello Salad, Pasta salad.
- **Grill:** Piri Piri Chicken
- **Wok:** Seafood Chow Mein
- **Skillet:** Moroccan lamb, **All Dal Curry, **Mac & Cheese
- **Kettle:** Cream of tomato soup