## I-House Dining Commons Weekly Menu
### January 28th, 2019 – February 3rd, 2019

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### WEEKDAY BREAKFAST 7:15 - 9:30 am
- Fruit & Yogurt Bar, Jook,
- *Hot Oatmeal, *Scrambled Eggs, **Breakfast Potatoes, **Tofu Scramble, Bagels, and a Variety of Breakfast Proteins and Specials

### WEEKEND BRUNCH 9:30 am – 1 pm
- Specialty Entrees will be served at 11 am

### LUNCH 11:30 am – 1:30 pm

#### Oven: Pizza, Pasta
- Greek Salad
- *Roasted Zucchini
- **Herbivore:
  - **Garbanzo and Kale Stew
  - **Jerk Chicken
  - **Baked Pasta
  - *Curry Rice
- **Cajun Fish w/ Mojo sauce
- **Fried Plantain
- **Kettle: *Cream Of Carrot Soup

#### Bi Bim Bap Bar
- Cucumber
- Shredded carrots
- Rice
- Fried Egg
- Tofu Scalloons
- Beef
- Chicken
- Kimchee
- **Kettle: *Butternut Squash Soup

#### Oven: Pizza, Pasta
- **Cheese Tortellini
- Tuscan Salad
- **Herbivore:
  - **Gobi Aloo
  - **Kim’s Chur Siu
  - **Roasted Vegetables
- **Wok: *Lemon Chicken
- **Garlic Fried Rice
- **Yakisoba Noodles
- **Kettle: *Egg Flour Soup

#### Oven: Pizza, Pasta
- **Fattoush Salad
- **Herbivore:
  - *Hummus, **Falafel
  - *Naan Bread
- **Grill: Kefka Kebab
- **Cucumber sauce
- **Wok: *Broccoli
- **Chicken Karahi
- **Saffron Rice
- **Kettle: *Lentil Soup

#### Oven: Pizza, Pasta
- **Vegetarian Lasagna
- Caesar Salad
- **Herbivore:
  - **Pasta Primavera
  - **Grill: *Chicken w/Marsala Wine
- **Baked Pasta
- **Garlic Fried Rice
- **Wok: *Roasted Cauliflower
- **Kettle: *Clam Chowder

#### Oven: Pizza, Pasta
- Fresh Fruit
- **Herbivore:
  - **Chickpea & Cauliflower Curry
  - **Grill: *BBQ Ribs
  - **Cheese Ravioli
  - **Wok: **Broccoli
- **Fried Chicken
- **Baked Beans
- **Corn Bread
- **Roasted Yams
- **Kettle: *Lentil Soup

#### Oven: Pizza, Pasta
- Pepperoni Lasagna
- **Herbivore:
  - **Spicy Eggplant
  - **Grill: *Chicken Souvlaki
  - **Roasted Potatoes
  - **Hummus w/Pita Bread
  - **Jasmine Rice
  - **Grilled: **Curly Fries
- **Beef Hot Dogs
- **Moussaka
- **Kettle: **Broccoli
- **Kettle: *Chicken Noodle Soup

### DINNER 5:30 pm - 8 pm

#### Oven: Pizza, Pasta
- Pepperoni Lasagna
- **Herbivore:
  - **Okra and Red Bean Stew Southern style
  - **Grill: *BBQ Brisket
- **Mashed Potatoes
- **Wok: *Grilled Chicken
- **Chow Mein
- **Steamed Vegetables
- **Kettle: Beef n’ Barley

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* Vegan
** Vegetarian (contains egg and/or dairy)
^ Gluten-free (contains no added gluten containing ingredients).

We are a gluten-free facility, therefore we cannot eliminate the risk of cross-contamination.

✚ Item may be limited to one serving per credit.