# I-House Dining Commons Weekly Menu
**June 20th, 2016 – June 26th, 2016**

## Weekday Breakfast
7:15 - 9:30 am
Fruit & Yogurt Bar, Jook, Hot Oatmeal, Scrambled Eggs, Breakfast Potatoes, *Tofu Scramble, Bagels, and a Variety of Breakfast Proteins and Specials

## Weekend Brunch
9:30 am – 1 pm
Specialty Entrees will be served at 11 am
Fruit and Yogurt Bar, Waffle Bar, Omelet Bar, Vegan Jook, Hot Oatmeal, Breakfast Protein, Breakfast Potatoes, **Breakfast Burrito, **Vegetarian Quiche, and Daily Lunch Specials

## Lunch
11:30 am – 1:30 pm
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pizza, Pasta</td>
<td>Pizza, Pasta</td>
<td>Oven: Pizza, Pasta, Grill</td>
<td>Oven: Pizza, Pasta</td>
<td>Oven: Pizza, Pasta</td>
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<td>Pizza, Pasta</td>
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<tr>
<td>Grilled Ham &amp; Cheese</td>
<td>Antipasti platter</td>
<td>^BBQ Brisket</td>
<td>^Gravlax Potato Salad</td>
<td>Trout</td>
<td>**</td>
<td>**Alfredo Pasta</td>
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<tr>
<td>*Vegetarian Chow Mein</td>
<td>Grilled Pork Chops</td>
<td>*Mashed Potatoes</td>
<td>Five Spice Chicken</td>
<td>**Polenta</td>
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<td></td>
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<tr>
<td>&amp;^Channa Masala</td>
<td>w/Tropical salsa</td>
<td>*Broccoli</td>
<td>Fish Tacos</td>
<td>**^Egg Flower soup</td>
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<tr>
<td>*Chicken Stir-fry with Green Beans</td>
<td>*Mexican Mac</td>
<td>*Udon Noodles</td>
<td>*Beef Pad Thai</td>
<td>**Egg Flower soup</td>
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<td></td>
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<tr>
<td>**Egg Flower soup</td>
<td>^Fried Rice</td>
<td>*Sweet and Sour Tofu</td>
<td>**Spicy Eggplant</td>
<td>*Egg Flower soup</td>
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<td></td>
</tr>
<tr>
<td>A variety of meats, cheeses, vegetarian spreads and breads</td>
<td>*Coconut Curry</td>
<td>*Baked Beans</td>
<td>Soup of the Day</td>
<td>^BBQ Chicken</td>
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<tr>
<td>^Chicken Chicharrones</td>
<td>^Chicken</td>
<td>^Yellow Dal Soup</td>
<td></td>
<td>^BBQ Chicken</td>
<td></td>
<td></td>
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<tr>
<td>^Steamed Broccoli Chicken Tortilla Soup</td>
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<td></td>
<td></td>
<td>^BBQ Chicken</td>
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</tbody>
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## Dinner
6 - 8 pm

**Meatless Monday**
- Pizza
- Pasta
- *Vegetarian Burgers
- **Tater Tots
- **Spinach Lasagna
- **Stuffed bell peppers
- **Grilled Cheese Sandwich
- **Tomato Soup

**Sautéed Cabbage**
- *Chicken stir Fry w/asparagus
- **Yakisoba Noodles
- **Polenta
- **Rice Pilaf
- **Roasted Veg.
- **Vegan Pad Thai
- **Lentil Soup
- **Black Beans
- **Carrot Coconut Soup
- **Three Bean Chili

### Additional Notes:
- * Vegan
- ** Vegetarian
- ^ Gluten Free