# I-House Dining Commons Weekly Menu
## July 29th, 2019 – August 4th, 2019

| MONDAY  
July 29th | TUESDAY  
July 30th | WEDNESDAY  
July 31st | THURSDAY  
August 1st | FRIDAY  
August 2nd | SATURDAY  
August 3rd | SUNDAY  
August 4th |
|-----------|-------------|-------------|-------------|-------------|-------------|-------------|

### WEEKDAY BREAKFAST  7:15 - 9:30 am
Fruit & Yogurt Bar, Jook, *Hot Oatmeal, **Scrambled Eggs, **Breakfast Potatoes, **Tofu Scramble, Bagels, and a Variety of Breakfast Proteins and Specials

### WEEKEND BRUNCH  9:30 am – 1 pm
Specialty Entrees will be served at 11 am

<table>
<thead>
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<th>LUNCH  11:30 am – 1:30 pm</th>
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| Oven: Pizza, Pasta Salad  
**Greek Salad**  
**Coconut Curry**  
**Curry Rice**  
**Shrimp Stir Fry**  
**Vegetable Of The Day**  
**Cream Of Carrot Soup** |
| Oven: Pizza, Pasta Salad  
**Cornbread**  
**Yakisoba Noodles**  
**Egg Flower Soup** |
| Oven: Pizza, Pasta Salad  
**Spice Eggplant**  
**Tofu**  
**Breakfast Potatoes**  
**Tofu Scramble**  
**Bagels**  
**Variety of Breakfast Proteins and Specials** |
| Oven: Pizza, Pasta Salad  
**Corn Bread**  
**Bok Choy**  
**Yakisoba Noodles**  
**Egg Flower Soup** |
| Oven: Pizza, Pasta Salad  
**Breakfast Proteins**  
**Breakfast Potatoes**  
**Tofu Scramble**  
**Bagels**  
**Variety of Breakfast Proteins and Specials** |
| Oven: Pizza, Pasta Salad  
**Breakfast Potatoes**  
**Tofu Scramble**  
**Bagels**  
**Variety of Breakfast Proteins and Specials** |
| Oven: Pizza, Pasta Salad  
**Breakfast Proteins**  
**Breakfast Potatoes**  
**Tofu Scramble**  
**Bagels**  
**Variety of Breakfast Proteins and Specials** |

### DINNER  5:30 pm - 8 pm

| Oven: Pizza, Pasta Salad  
**Three Bean Curry**  
**Spice Rubbed Leg of Lamb**  
**Naan Bread**  
**Falafel**  
**Bang Bang Ji**  
**Sautéed Sugar Snap Peas**  
**Chilled Summer Borscht** |
| Oven: Pizza, Pasta Salad  
**Three Bean Curry**  
**Spice Rubbed Leg of Lamb**  
**Naan Bread**  
**Falafel**  
**Bang Bang Ji**  
**Sautéed Sugar Snap Peas**  
**Chilled Summer Borscht** |
| Oven: Pizza, Pasta Salad  
**Three Bean Curry**  
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**Chilled Summer Borscht** |
| Oven: Pizza, Pasta Salad  
**Three Bean Curry**  
**Spice Rubbed Leg of Lamb**  
**Naan Bread**  
**Falafel**  
**Bang Bang Ji**  
**Sautéed Sugar Snap Peas**  
**Chilled Summer Borscht** |
| Oven: Pizza, Pasta Salad  
**Three Bean Curry**  
**Spice Rubbed Leg of Lamb**  
**Naan Bread**  
**Falafel**  
**Bang Bang Ji**  
**Sautéed Sugar Snap Peas**  
**Chilled Summer Borscht** |

### Notes:
- *Vegan*
- **Vegetarian** (contains egg and/or dairy)
- ^ Gluten-free (contains no added gluten containing ingredients). We are not a gluten-free facility, therefore we cannot eliminate the risk of cross-contamination.
- + Item may be limited to one serving per credit